

## **Child Care**

Eco Fitness is proud to offer a 4,400 square foot, specially equipped youth facility for use by the children (ages eight weeks to twelve years) of our members and guests.

Our child care offers a variety of activities, including arts and crafts, organized games, story times, specialty classes, and more.

Kids Towne is designed to appropriately accommodate all age groups. The infant room provides a quiet atmosphere for the youngest children and has an adjoining nursing room for mothers who are nursing as well as a crib for our nappers. The mobile infant area keeps pre-toddlers safe from the more active children. The Main Area is equipped with a kids' court, tumbling area, soft-play structures, age appropriate toys, books, games and crafts. We have a separate play room for the older children (ages 5 & up) filled with age related board games, arts and crafts supplies, a variety of children's literature, and sports-style arcade games to awaken their minds and bodies.

Due to the nature of our service being an unlicensed child care facility versus a day care facility, parents must remain on the premises at all times, and children are not to be left for more than two hours.

### **Ratios:**

Kids Towne of ECO Fitness and Blue Turtle Yoga complies with state ratio requirements for unlicensed childcare facilities as follows:

8 wks to 2 years.....1 staff member to 6 infants

2 to 3 years.....1 staff member to 10 preschool age children

5 years.....1 staff member to 21 school age children

over 6 years.....1 staff member to 23 school age children

### **Check-In Procedures**

**For their safety, parents must escort children by hand from the main entrance of the gym to Kids Towne and stay on the walkway.** To check a child into Kids Towne, parents must scan their child's membership card. The parent will receive two numbered stickers, one to attach to the child's clothing and a duplicate sticker to be worn by the parent in case we need to locate you in the facility. This sticker will be used temporarily, until our staff is able to identify you. In order to avoid confusion, stickers should be attached to a child's clothing rather than jackets, blankets or car seats that will not remain with the child at all times. All children, will be assigned a tag in order for capacity limits to be monitored. For the safety of all children, parents may be asked to refrain from entering the inner childcare area. When dropping off infants, parents will be allowed to

bring their infant into the infant room and get them settled. For the safety of the children, parents must first check their child in at the desk and be let in by the childcare attendant. Pertinent information must be provided at check-in, including the location within the Gym where the parent plans to be, and any special instructions.

For safety and liability reasons, the parent/guardian who signs the child in must be the guardian who signs the child out, unless we have received prior written notification. Please make sure the authorized person picking up your child has their membership card or driver's license for verification. Children will not be released without proper identification.

### **Special Instructions**

We realize that every child has special needs from time to time. Whether it is potty training, allergies, or simply special instructions for the day, we can easily identify these requests.

Please advise staff at check in of any special instructions your child may have for the day. We have developed color identification for "potty training", and we also have a "potty board" for your own instructions. In addition, we can record special instructions on the check in sheet if privacy is requested.

We encourage parents to inform us of any other necessary color-coding when checking in. The colors will help your child remind staff to pay special attention to their specific needs. Some of the needs are allergies, potty training, enrollment in specialty classes...etc.

### **Checkout Procedures**

For the safety and protection of all children, it is important that parents go through the proper procedures when picking up children from Kids Towne. The duplicate sticker given to parents at check-in should be given to the childcare attendant, and the attendant will retrieve the child from the inner portion of Kids Towne. Due to safety reasons, parents should refrain from entering into this inner portion of the child care area. Photo identification will be required upon checkout.

### **Additional Fees:**

Lost Tags..... \$10.00

Child Care Guest Fees..... \$7.00 per hour

Late charge beyond 2 1/4 hours..... \$5 per additional quarter hour

## **Health Guidelines**

Health issues are a concern for everyone. Kids Towne relies on each family's thoughtful assessment of their child's health. In order to assist you, we have provided you with the following helpful guidelines, which our staff will use to ensure a healthy environment year round.

- **FEVER:** Any temperature above 99.0 or severe subnormal temperature.
- **COLD:** A runny nose with colored discharge is the most common sign. Also, a fever or loss of energy.
- **COUGH:** Any cough with mucus secretion (a wet or wheezy cough) can spread bacterial or viral infection on the droplets. Please Note: A dry hacking cough (no droplets) is generally a non-contagious allergy.
- **RASH OR SKIN IRRITATION:** Poison oak, impetigo, ringworm, cold sores, head lice, and communicable diseases (measles, chicken pox, mumps, etc.) often have rashes or itching as symptoms. Please Note: Food or other allergy irritation must be substantiated.
- **DIARRHEA:** Loose, very watery, or mucus filled stools.
- **VOMITING:** Recurring or projectile vomiting with a fever.
- **PINK EYE:** Any unusual irritation of the eye or mucus membranes (such as conjunctivitis).
- **ALLERGIES:** If a child has allergies and is therefore exhibiting flu symptoms but is not contagious, a doctor's note is required.

Kids Towne staff will assess each child's health upon arrival into Kids Towne each day. They will discuss the health problems with the parent. The staff may use discretion in accepting a child who shows signs of illness. Please inform Kids Towne of contagious illnesses contracted by your child (example: lice, chicken pox, measles, etc.).

The health guidelines apply to the KidsTowne staff, as well so that they do not infect children or other staff. Parents must accept the judgment of the staff regarding these guidelines.

## **General Guidelines**

Each child using the child care service at ECO Fitness and Blue Turtle Yoga must have a current information/waiver card on file. Any special medical conditions, including allergies, should be noted being as specific as possible. It is important for parents to keep these cards updated with current information.

Newborn infants may utilize Kids Towne at the age of eight weeks. Before a newborn may be checked into child care for the first time, proof of age may be requested.

Children should arrive to childcare with clean diapers and toilet trained children should use the restroom before entering childcare. This is to ensure that the staff can be free to spend more time playing with your children.

Children must be signed in and out on daily sheets. You can leave any special instructions with the childcare givers.

**Parents must remain on the ECO Fitness/Blue Turtle Yoga premises at all times while using Kids Towne. You will be contacted if your child needs you. Disregard for this rule could result in immediate suspension of childcare use.**

### **Activities**

There are planned arts and crafts, story times, organized games, and other specialty activities in which the children can participate. Different activities are scheduled according to the age groups that predominate in childcare. Activity themes change monthly, and you can find a schedule of activities in Kids Towne as well as on our website.

### **Staff**

Staff members are chosen for their skill with children as well as their warmth and sensitivity to the needs of the children. All staff is trained in CPR. Should an emergency occur, parents will be notified immediately.

### **Behavior Problems**

Children must follow the direction and instruction of the teachers at all times. Disrespect to child care attendants or vulgar language will not be tolerated and the parent will be asked to remove the child. If a child exhibits aggressive behavior toward another child and inflicts physical harm, i.e. biting or hitting, the parent of the aggressor will be notified to remove that child from Kids Towne. The second incident may result in suspension of privileges for a defined period in order to allow time for behavior modification. Appropriate action will be determined on a case-by-case basis. If a child is upset or uncomfortable for a period of 15 minutes or longer, the staff has the option to request parental assistance.

### **Personal Items**

We ask that personal items not be brought into Kids Towne. If “comfort” items such as blankets, bottles, etc., are important for the child’s tranquility, please mark them with

masking tape or permanent marker. Kids Towne is not responsible for lost or broken items. No outside toys with small parts as they may become choking hazards.

### **Diaper Changes**

Diaper changes will be performed as needed and as staffing allows, however, parents are asked to provide the diapers. If parents would like to be called to come change their child's diaper, if needed, please let our staff know when checking in. There will be a \$2 charge for each Kids Towne provided diaper.

### **Snacks**

For the safety and well being of all children, there will be no food allowed in Kids Towne due to allergies (except in out MOTT program). However, children will be able to bring in drinks in a no spill cup. Please make sure your children are well fed before they arrive at Kids Towne.

These guidelines are established for the safety of all children utilizing child care at ECO Fitness and Blue Turtle Yoga and are subject to change. Failure of parents to follow these guidelines could result in temporary suspension of childcare privileges. Please address any questions regarding these guidelines to the childcare director or the Club General Manager.

### **Moms on the Town (MOTT)**

Our **Moms On the Town** program is a babysitting opportunity every weekday for up to any given 3 hour period. This is the only time you are allowed to drop off your child and leave the premises. Space is limited (especially in the morning), so registration in advance is necessary. This service is only available to Kids Towne members.

### **MOTT Fees**

The cost per child is as follows and are subject to change:

1 hour-\$10 for the first child  
\$5 each additional child

2 hours-\$20 for the first child  
\$5 each additional child

3 hours- \$25 for the first child  
\$5 each additional child